

New Hope FoodBank

God's Provision in times of crisis

Autumn 2022 Newsletter

Hello and welcome to the Autumn 2022 newsletter.

More than 50% of the British population are reducing energy usage at home, with that figure rising to nearly 60% among elderly people, according to the Office for National Statistics.

"Come September, October or November, we're going to be in a crisis situation."

More than a third of people across England, Wales and Scotland are cutting back on food and essentials in order to help with the cost of living, a new survey has shown.

The research, carried out by the Office for National Statistics, found that figure was even higher for some groups.

These included disabled people, those renting, and those with lower incomes.

"Pre-Covid times, generally it would be people who were needing an emergency parcel for something that had gone wrong and an unexpected expense,

maybe a relationship breakdown, or losing their job.

They would need help for a short amount of time to get back on their feet, now it's a completely different story.

We are seeing repeat referrals coming back, because clients financial situations aren't getting better... no matter if they're in work, they just don't have enough income to afford food and gas and electric and rent. Everything's increasing except their income.

I would like to thank all our wonderful volunteers from New Hope Community Church and all are partner churches at: Spa View Community Church, Swallownest Baptist Church, Dronfield Oaks, Eckington Lighthouse without whom running the foodbank would be impossible

If you or anyone you know is in food crisis please call Jacqui on 07939950713.

Statistics - April to June 2022

392

People accessed
the service.

8,232

Meals were delivered to
clients in food crisis.

That equates to
approxiamately:

£17,640

going back into the
local community.



New Hope Foodbank would like to thank

Dronfield Sainsbury's

and their community champion Ellie Ashton for inviting New Hope Foodbank to hold a 3 day food drive in their store in July. We had a great group of people volunteering from Dronfield Oaks, Eckington Lighthouse and New Hope Community Churches. The response was amazing with many trolley loads of food been donated by very generous members of the public. We do appreciate and thank supermarkets like Sainsburys Dronfield for their continued support by letting New Hope foodbank hold food drives and host our donation bins.

Reasons for crisis include:

- Bereavement of partner
- Job losses
- Breakfast/lunch parcels in school holidays for children in receipt of free school meals.
- The removal of the Universal Credit Uplift
- Benefit delay
- Illness both physical & mental
- Family breakdown through Domestic Violence

**It can happen
to anyone...**

Crowning our very own Champion!

In this, the year of Her Majesty the Queen's Platinum Jubilee, local volunteer Michelle Taurins has been awarded a Platinum Champions Award from the Royal Voluntary Service for her outstanding contributions as a volunteer. In honour of their patron, Her Majesty the Queen and the great example she has set in her 70 years of service, the Royal Voluntary Service launched the Awards as part of national Jubilee celebrations. Out of over 3,000 applicants, only 490 were handpicked for awards by a judging panel presided over by the Duchess of Cornwall, and there were only 3 awarded in the whole of Sheffield!

Here at New Hope we have known Michelle for ten years and it came as no surprise that she was one of the individuals crowned a Platinum Champion!

During her years of volunteering, Michelle has overseen the creation of the New Hope Food Bank in 2012, and New Hope Furniture Project in 2015 which provides free furniture to referred clients either fleeing domestic violence and/or homelessness.

Having previously worked in retail she went on to use her experience by setting up New Hope Charity shop in 2017, helping to raise funds towards the ministries of the church.

Michelle is a very warm and modest lady always acknowledging that she is part of a larger team and only agreed to receive the award under the condition that it is emphasised that this award was given to her, but it's for all the volunteers at New Hope.

In her own words Michelle stresses that:

"I'm only as good as my team and they all go above and beyond on a daily basis. I love what I do. There is nothing better than giving and helping people who need it. Meeting people at their point of crisis and making a difference – it's a privilege."

Congratulations Michelle, your church family and friends all agree that the award is richly deserved and we know that you will continue to make a positive difference in the local community.



PLATINUM
CHAMPIONS
AWARDS





Volunteer Opportunities

- Volunteering in the Foodbank, sorting food donations. (Monday only, 10am – 1pm)
- Volunteering in the Foodbank sorting charity shop donations.
- Volunteering in the charity shop.
- Volunteering in the furniture warehouse.
- Volunteer driver for furniture warehouse.

URGENT

For more volunteer information contact Michelle on:

0756 819 7464

With living costs rising substantially, more and more people are relying on foodbanks! Although we are all tightening our belts, our food bank relies on donations. If you could add on just a few items to your weekly shop, that could help a family in need

Items New Hope Food Bank Need...

Tinned Potatoes	Sugar
Tinned Chicken Curry	Coffee
Fray Bentos Pies	Tinned Macaroni Cheese
Instant Mash	Curry Sauce
Tinned Stew/Mince	Long Life Puddings
Tinned Ravioli	Dilute Juices
Tinned Meatballs	Toilet Rolls
Toiletries Mens/Ladies	Household Cleaning Products

Shussh! Have you heard about Halfways best kept secret?

Have you heard about Halfways best kept secret New Hope Charity Shop a hidden gem within New Hope Community Church at Halfway

Are you new to Charity Shop Shopping or donating? Charity shops used to have a bit of a bad rep for being smelly, selling old clothes and only somewhere to go if you couldn't afford new, what was once considered 'scruffy' is now 'shabby chic' and where once a place to shop out of 'necessity is now seen as a 'savvy shopper'

Extending the usefulness of and repurposing our possessions through donating and purchasing helps contribute to a sustainable living ethos, preventing landfill while also contributing to those less fortunate in our community. It's being part of what is called the circular relationship regenerating products and communities.

At New Hope Charity Shop your donations fund our Foodbank, Furniture Project, Mental Health

and Domestic Violence Support Programmes enabling Vulnerable people to access the practical support they need.

September nationally is **Second Hand September** – an entire month dedicated to celebrating pre loved and vintage, a time to grab a cherished pre loved item at a fraction of the price. Although nationally September is a dedicated month to celebrate buying pre- loved, frankly at New Hope Charity Shop any month is a great time to find new or barely used quality items from designer or high end fashion, to a range of furniture homeware and knick knacks at a bargain price. With stock being replenished daily there is always something new to catch your eye.

Why not pay us a visit join the circular economy and become part of the solution!

'Together we do better'.



Our Charity Shop is open Mon to Fri 9am to 3pm

The Freedom Programme.

Support group for women from any area.

www.domesticviolencesupport.co.uk

The Freedom Programme



Who is it for?

For women who are experiencing or have previously experienced domestic abuse.

- Do you feel afraid of your partner?
- Is your partner excessively jealous and possessive?
- Do you feel you are walking on eggshells to avoid making your partner angry or aggressive?
- Does your partner blame you for everything?
- Does your partner pressure you to have sex when you don't want to?
- Is your partner constantly criticising you and putting you down in front of others?
- Does your partner tell you what you want to wear, who to see and where you can or cannot go?



The aim of the programme is to;

- Provide information that will help you understand abuse.
- Help you to recognise the beliefs held by abusive men.
- Assist you to meet other women with similar life experiences.
- Illustrate the effects of domestic violence on children.
- Help build your confidence and self-esteem.
- Help you recognise future abusers and move on to abuse free lives.
- Provide the information in a confidential and safe environment.

To discuss the programme in confidence call Jacqui at the Freedom Project on **07309 858 955** or email jacquinewhopecommunity@outlook.com



Domestic violence/abuse doesn't discriminate.

It doesn't care about your background or where you come from or how much money you have.

Domestic violence could be happening behind any closed door or hidden in plain sight

No likes to talk about domestic violence; the victim is afraid and embarrassed to speak out

The people around don't want to get involved

Here are a few statistics on domestic violence:-

Domestic violence will affect **1 in 4 women** in their life time

On average, domestic violence leads to **2 women being murdered each week**

Domestic violence accounts for **16% of all violent crime**, however it is still the violent crime **least likely to be reported** to the police

Domestic violence has **more repeat victims** than any other crime on average there will have been **35 assaults before the victim calls the police**

Domestic violence is the single most quoted reason for becoming homeless.

In addition, approximately **400 people commit suicide each year who have attended hospital for domestic abuse injuries in the previous 6 months, 200 of these attend hospital on the day they go on to commit suicide.**

New Hope Freedom Programme is proud to support and empower women of domestic violence.

The "Freedom Programme" was rolled out on 3rd September 2020 at New Hope Community Church, Halfway. The programme is a rolling 12 week domestic violence course aimed at empowering women who are experiencing or have experienced domestic abuse. The course is presently being run FREE of charge at New Hope Community Church, Halfway, Sheffield and provides information that will help women to understand abuse. The programme runs every Thursday 12:30pm - 2:30pm. We have a fully certified trained facilitator to put you at ease in a safe and confidential environment.

Where to find us?

**New Hope Community Church,
Old Lane, Halfway, S20 3GZ**



The Furniture Project

Help us turn a house into a home.

DONATIONS NEEDED!

- FREE collection service.

We support people who have fled domestic violence and homelessness relying on donations to deliver this service. All our clients come to us via front-line referrers.

Can you help by donating?

Would you like to volunteer at The Furniture Project?

Get in touch: 07939 950 713

All furniture is supplied and delivered FREE of charge to individuals and families who have either fled domestic violence and/or have been homeless. Help us to make a difference in our community.

Richards Story

Case study 1

Richard was homeless and has recently moved into his new home through Chesterfield borough council. He had been struggling with a recent family bereavement and not been able to engage with the agency's wanting to support him. Andrew was previously in the army and since coming out had suffered with post-traumatic stress disorder and used alcohol to self-medicate this. He was on Universal credit and had nothing to move into his new property with. He was currently living on a camp bed in the empty shell of a flat, with no cooking facilities, furniture or anywhere to sit down. This was really affecting his mental health.

New Hope Furniture Project was able to supply Richard everything that he needed in each room to make his house a comfortable home to relax in.

Stevens Story

Case study 2

Steven had been really struggling with his finances in recent years, leaving him being served an eviction notice by his landlord. Luckily this was paid off by the local authority to relieve his risk of homelessness. He had other debts which he was paying off monthly, this left him with no disposable income. He took his support worker to visit his flat and it had nothing in it, just a single mattress and this was really bringing him down. He worked full time so that he could leave the flat and he said that being in the flat that was bringing him down. Due to him

having a full-time wage, he couldn't get any support and he had no disposable income due to these debts. He had almost fallen through the cracks, and there was serious concern that if he didn't get any support with getting some furniture, his mental health would deteriorate even more.

New Hope Furniture Project supplied Steven furniture, white goods and household items. He was hoping that his 2 children could now come and visit him in his cosy home.

The quality of your mental health affects the quality of your life.

Struggling with anxiety or depression?

Like to learn about mental health?

Finding life difficult?

Talk to people who can help?

Isolated?

Awaken your own resources?

Do you find it difficult to talk?

Start living again?

Learn to help others?

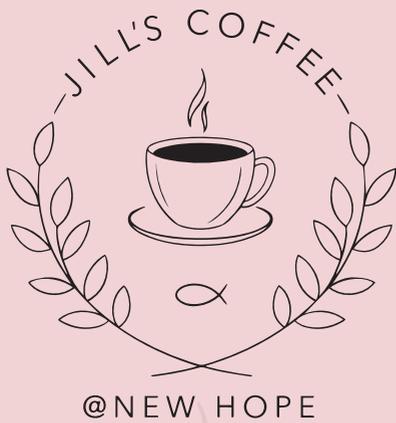
Every Tuesday 2:00 to 4:00 & Every Wednesday 6:00 to 8:00

GROW is anonymous, confidential, non-denominational and open to all.
GROW is FREE & Confidential.

Groups held in Halfway. Help is available. Call today **07742015864** or email **newhopecc@hotmail.co.uk**



World Community Mental Health Movement



Monday – Friday 9am – 3pm

Food & Drink available to eat in or Take away,
including Variety of Hot and Cold sandwiches

@Jillscoffeatnewhope

Old Lane, Halfway, Sheffield, S20 3GZ
Find us next to the New Hope Charity Shop
jillscoffeeshop888@gmail.com

07507 628 738



Cafe Church



A place to make Family and Build & community

On the first Sunday of each month we offer a more relaxed church experience. A deliberate change of ambience seated around café styled tables instead of sat in rows. We drink tea and coffee whilst eating cake and getting to know one another better.

It is still a church service, we sing a few songs, listen to a speaker, have some conversation and say some prayers in a relaxed atmosphere.

Each Service is set around a theme, the current theme is Healing, which includes physical, emotional, mental, trauma and relational.

Are you struggling with or affected by any symptoms related to the above, is anyone in your family suffering with their mental health or suffering as a result of trauma?

Sunday 2nd October our guest speaker Maureen Greaves will share with us how she herself has found healing in her grief.

I forgive my husband's killers: Widow's extraordinary compassion towards two who swaggered off laughing after beating to death church organist on Christmas eve Alan Greaves, 68, was battered to death as he

walked to church. Two men, aged 22, broke every bone in the elderly man's face. His wife Maureen, 64, has publicly forgiven his killers Maureen will be our guest speaker

Register now by visiting:

www.eventbrite.co.uk/e/405135399887

Sunday 6th November – Healing Service

Sunday 4th December – Healing Service

Why not come along and be refreshed by more than coffee...



**Café church - 5.00pm, The 1st Sunday of the month
Bible Study Every Tuesday at 6.30pm**

Jesus Christ
Truth
Family
Passion
Holy Spirit
Integrity
Encouragement
Peace
Baptism
Fellowship
Growth
Faith
Joy
Love
Bible
Worship
Lifestyle
Community
God
Empower
Son
Gifts
Faithful

THE BEACON

Sunday Service - 10am

Evening service - 1st Sunday of each month at 5pm

Bible Study - Every Tuesday at 6.30pm

Book Club - Last Monday of the Month

You are invited to our

ALPHA COURSE

starting 6:30pm 29th September 2022



An opportunity to explore the meaning of life

www.newhopecommunity.co.uk 07939950713