

Hello and welcome to the Spring 2022 newsletter.

The first quarter of this year has been busy at New Hope Foodbank. As we continue to support clients who are experiencing food poverty, we are finding that there are considerably more people who are having to claim Universal Credit for the first time due to job losses. It can take up to 5 weeks before clients have their first payment which leaves them in financial hardship for an extended time. The rising bills across the board are continuing to have an impact not only on clients who rely on benefits but also on the working population, this has had a knock on effect on the amount of food donations we are currently receiving.

Making the choice between food and warmth, when temperatures drop and prices rise, causes many people to face a difficult decision.

If you can afford to add a bit to your weekly shop you will help people in financial hardship to survive these difficult times.

We really do appreciate the support of our local community, members of the public, local supermarkets, schools, businesses and churches.

A big thank to our partner churches who continue to support us by volunteering in the foodbank and delivering the food parcels in their areas:- Swallownest Baptist Church, Spa View Community Church, Eckington Lighthouse and Dronfield Oaks.



Spring 22 Newsletter

New Hope Community Church,
Old Lane, Halfway S20 3GZ

2021 Statistics

1,463

People accessed
the service.



30,724

Meals were delivered to
clients in food crisis.

That equates to
approximately:

£58,520

going back into the
local community.

Food banks see demand soar in wake of 'nightmare' universal credit cut:

45 per cent of food banks are preparing to cut food parcels or turn people away because of supply problems and rising demand. At New Hope Foodbank we have no intention of doing either.

The universal credit cut of £86.00 combined with soaring household bills has pushed people into trouble quickly. And it's happening as we're seeing the squeeze on supply. We rely on donations at supermarkets, schools, libraries, churches and local businesses from people who donate on a regular basis and we know that many people are feeling the pinch from rising living costs, making it harder to donate.

As well as the cut to the universal credit uplift, introduced at the start of the pandemic, some working locally in the hospitality industry and many other professions have seen hours cut and been placed onto zero-hours contracts since the end of the furlough scheme. "There's a lot of anxiety – untold pressure on people, and we will do our best to help everyone we possibly can.

Reasons for crisis include:

- Bereavement of partner
- Job losses and furlough due to Covid-19
- Breakfast/lunch parcels in school holidays for children in receipt of free school meals.
- The removal of the Universal Credit Uplift
- Benefit delay
- Illness both physical & mental
- Family breakdown through Domestic Violence



Aldi

Thank you to Aldi Killamarsh for their continued support to the foodbank and charity shop.



Furniture Project

Thank you to our wonderful volunteers getting a furniture packed ready to make a home for a client.



Radius Aerospace

A big thank you to Radius Aerospace for their continued support to New Hope Foodbank and New Hope Furniture Project



Volunteer Opportunities

- Volunteering in the Foodbank, sorting food donations.
(Monday only, 10am – 1pm)
- Volunteering in the Foodbank sorting charity shop donations.
- Volunteering in the charity shop.
- Volunteering in the furniture warehouse.
- Volunteer driver for furniture warehouse.

**For more volunteer information
contact Michelle on:**

0756 819 7464

Please could you help feed a local individual or family in crisis?

New Hope Foodbank relies on donations if you feel that you can donate anything from our shopping list which has the items of food/household that we run short of on a regular basis it would be greatly appreciated.

Basic Toiletries Mens & Ladies

- Toilet Rolls
- Toothpaste / Toothbrushes
- Shampoo / Conditioner
- Shower Gel
- Deodorant
- Soap
- Nappies / Baby Wipes

Cleaning Products

- Washing Up Liquid / Dish Cloths / Sponges
- Kitchen / Bathroom Cleaner
- Washing Powder / Liquid
- Washing Conditioner

Food

- Bolognaise/Curry Sauce
- Tinned Macaroni Cheese / Ravioli / Spaghetti Bolognaise.
- Tinned Meat Curries / Bolognaise
- Packet / Pot Noodles
- Tinned Carrots / Potatoes / Peas / Sweetcorn
- Tinned Hotdogs / Part Baked Bread / Instant Mash
- Puddings / Tinned Fruits
- Coffee
- Sugar
- UHT Milk
- Dilute Juice / Cartons

Charity Shop

WHAT WE CAN SELL

- Good quality, clean clothing and shoes
- Bags and accessories
- Valuable items
- Books
- Music (CDs, vinyl, DVDs, Blu-rays, musical instruments and sheet music)
- Homewares: china, kitchenware, ornaments, pictures, collectables
- Soft furnishings: small rugs, linen, curtains (must be clean and in good condition)
- Toys and games

VOLUNTEER

Interested in joining our team? We'd love to hear from you. Call in and pick up a volunteer form – we have opportunities to learn new skills from setting up displays to getting behind the till.

SUPPORT

Our charity shop raises much needed funds that help keep our church ministries going which in turn support our local community. So please do come and have a look around and pick up a bargain.



CHRISTIANITY|EXPLORED

WHAT'S THE BEST NEWS
YOU'VE EVER HEARD?



All kinds of people explore Christianity.

- Isn't the chaos in the world a sign of God's absence?
- Doesn't science explain everything?
- If God exists, why is there suffering?
- Does my life really matter to God?
- Aren't all religions basically the same?
- Is believing in the resurrection ridiculous?
- Is there something more to life?'

Christianity Explored,
10 evenings looking at
Life's biggest questions.
New course starting
19th April 6:30pm to 8pm

**Contact Alan on
07742 015 864**



Matthew 28:6 –

“He is not here; he has risen, just as he said. Come and see the place where he lay.”

If you’re reading this, it’s pretty much guaranteed you’ve either been disappointed when someone close to you has broken a promise – or you’ve made a promise yourself which you haven’t kept. As human beings, we mess up. This hurts us, hurts others – and separates us from God. It’s the reason our world is in such a mess.

The Easter story provides the climax of God’s extraordinary answer to this problem – the death and resurrection of Jesus. Jesus promised his followers before he was crucified that it wasn’t the end of the story, and he would return.

So the empty tomb discovered on what we now call Easter Sunday wasn’t just Jesus keeping his promise to his followers. It was God launching a fresh start for every man, woman and child for the rest of time – forgiveness, hope and a real future. If that sounds like a promise worth exploring, join our celebrations this Easter – it could be the best decision you ever make.

**EASTER SERVICE at NEW HOPE
COMMUNITY CHURCH 9.30am
ALL WELCOME**



He is not here
**HE HAS
RISEN**
just as he said

Matthew 28:6

cpc.org.uk
cpc

The quality of your mental health affects the quality of your life.

Struggling with anxiety or depression?

Like to learn about mental health?

Finding life difficult?

Talk to people who can help?

Isolated?

Awaken your own resources?

Do you find it difficult to talk?

Start living again?

Learn to help others?

GROW is anonymous, confidential,
non-denominational and open to all.
GROW has no fees or dues.

Groups held in Halfway. Help is
available. Call today **0774 201 5864**
or email **newwhopec@hotmai.co.uk**



World Community Mental
Health Movement

What is Grow?

GROW is a uniquely structured community mental health movement. It began in Sydney, Australia, in April 1957, and has since spread to six other countries – New Zealand, Ireland, the USA, UK, Canada and Mauritius.

GROW's Program and Personal Growth, Group Method and Caring and Sharing Community have all been developed from findings of former mental health sufferers in the course of rebuilding their lives after mental breakdown.

GROW is anonymous, non-denominational and open to all. GROW groups vary in size from 3-15 members. Meetings are held twice weekly:-Tuesday afternoon 2pm-4pm and Wednesday evening 6pm-8pm at; New Hope Community Church, Old Lane, Halfway, S20 3GZ

Come and join us in a completely safe and confidential environment, all FREE of charge, no waiting list.

Please call 07742 015864 for further details. For two examples of how GROW has helped individuals, please read the following two case studies:

Case Study 1:

A lady attended GROW 6 years ago, she had split with her husband, lost her job, friends and lost her family home through no fault of her own, and was homeless for a week in-between losing the family home and obtaining a Council temporary house for her and her three children. She had been through domestic violence with her first husband then again with her second husband. She felt she had no self-worth, no confidence and suffered anxiety/panic attacks. With everything that happened she withdrew in to herself. She had no friends, who were willing to listen or interact after everything went wrong. She needed a Food Parcel, read some of the literature that goes with the parcel and started attending GROW. After a few weeks, she had more confidence, didn't suffer panic attacks and started to feel much better about life, using the tools which GROW gave her. In 6 years, she has flourished and is a totally different person now. She attends GROW every week to keep her mentally healthy.

Case Study 2:

A lady attended GROW approx. 4 years ago, she was in constant pain from an injury she had received some years previously from working in the care industry. She was at a low eb and similarly, like the previous case study, had no self-worth, no confidence, suffered from being 'down' most of the time. She realised she needed to do something about it. She had a lot in her history of being groomed (being prepared for use in a sexual way), she eventually escaped. She had family breakdowns in her past and had to flee away from everything that was hurting her. She moved in to the area with her partner and is heavily supported by him. She attends GROW regularly and has applied the programme and uses the tools to deal with everyday life. She had become more confident, and continues to become mentally stronger, week by week.

It is a big step, to attend GROW and admit that you need help and want to get well.

*God's provision
in times of need.*

The Furniture Project

Help us turn a house into a home.

DONATIONS NEEDED!

- FREE collection service.

We support people who have fled domestic violence and homelessness relying on donations to deliver this service. All our clients come to us via front-line referrers.

Furniture Project Wish List:

- Washing machines
- Under counter Fridges.
- under counter Freezers
- Fridge/Freezers
- Vacuum Cleaners
- Free Standing Wardrobes
- Bedside Tables
- Bedroom Drawers
- TV's
- All items must be in good condition and full working order.

Can you help by donating?

Would you like to volunteer at The Furniture Project?

Get in touch: 07939 950 713

All donated furniture is donated FREE of charge to individuals and families who have either fled domestic violence and/or have been homeless.

Help us to make a difference in our community.



Jessica's Story

Jessica was previously homeless and had problems with substance misuse, although she has now been clean for 2 years.

Jessica suffers with serious mental health and mobility issues. She had been moved into a property but had absolutely nothing in the property except a mattress on the floor.

Although Jessica was being supported by a neighbourhood officer who was trying to get funding for flooring it was suggested to try and get some furniture as Jessica could not go on living that way any longer as it was impacting on her mental health.

Jessica needed a bed and bedroom furniture, a sofa, white goods for the kitchen, pots, pans, cutlery, curtains, rugs and other items to make new property into a comfortable home.

New Hope Furniture Project was able to provide all these items.

The Freedom Programme.

Support group for women from any area.

www.domesticviolencesupport.co.uk



The Freedom Programme



Who is it for?

For women who are experiencing or have previously experienced domestic abuse.

- Do you feel afraid of your partner?
- Is your partner excessively jealous and possessive?
- Do you feel you are walking on eggshells to avoid making your partner angry or aggressive?
- Does your partner blame you for everything?
- Does your partner pressure you to have sex when you don't want to?
- Is your partner constantly criticising you and putting you down in front of others?
- Does your partner tell you want to wear, who to see and where you can or cannot go?

The aim of the programme is to;

- Provide information that will help you understand abuse.
 - Help you to recognise the beliefs held by abusive men.
 - Assist you to meet other women with similar life experiences.
 - Illustrate the effects of domestic violence on children.
 - Help build your confidence and self-esteem.
 - Help you recognise future abusers and move on to abuse free lives.
 - Provide the information in a confidential and safe environment.
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- The "Freedom Programme" was rolled out on 3rd September 2020 at New Hope Community Church, Halfway.
 - The programme is a rolling 12 week domestic violence course aimed at empowering women who are experiencing or have experienced domestic abuse.
 - The course is presently being run at New Hope Community Church, Halfway, Sheffield S20 3GZ, and provides information that will help women to understand abuse.
 - The programme runs every Thursday 12:30pm - 2:30pm. We have a fully certified trained facilitator to put you at ease in a safe and confidential environment.

To discuss the programme in confidence call Jacqui at the Freedom Project on **07309 858 955** or email jacquinewhopecommunity@outlook.com



New Hope Community Church
Sunday Service 9:30am

Introducing our new evening service,
first Sunday of the each month.
Beginning Sunday May 1st, 5pm.

Jesus Christ
Truth
Family
Passion
Holy Spirit
Integrity
Encouragement
Peace
Baptism
Fellowship
Growth
Faith
Love
Bible
Worship
Joy
Gifts
Rivers
Children
Lifestyle
Community
God
Empower
Son
New Hope Community Church

**EVERYONE
WELCOME**

www.newhopecommunity.co.uk 07939950713